



Kindred Journeys II Opening Reception,

Saturday, May 4, 3:00-5:00 p.m.

Kindred Journeys II Exhibit Continues through June 27

"Kindred Journeys," is a two-part exhibit, taking place at the **Agroforestry Resource Center** in Acra. The first installment opened March 2 and will continue through April 27; the second installment will open on Saturday, May 4 and continue through June 27. The shows feature the Hudson River Artists Guild, a group of artists who work together from nature. The Hudson River School of Art has influenced the work of these artists who interpret nature in widely varied approaches. Featured will be oil paintings, acrylics, watercolors, and prints.

The Guild consists of twelve artists each with her own unique approach to nature through her art. Six of them are showing selected pieces in the March/April exhibit, and they are: Patti Ferrara, Susan Kukle, Carol Slutzky-Tenerowicz,

Sheila Trautman, Marianne Tully, Linda Waldschmidt. The May/June exhibit includes the work of Athena Billias, Annie Borgenicht, Jamie Grossman, Mara Lehman, Michelle Moran, Linda Nicholls. This promises to be a powerful set of exhibits and will offer something for everyone who loves nature.

Please call the office if you are planning to stop by to see the exhibit to ensure there is accessibility to the conference room. 518-622-9820.



Cornell Cooperative Extension of the Capital Region

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Improving Lives and Communities*



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CALENDAR OF EVENTS

MAY 2013

5/1/2013	6:00pm - 9:00pm	Environmental Experiences for Educators of Young Children Workshop - A workshop entitled "Project Learning Tree" for 4-H volunteers, educators and childcare providers who work with children ages 3 to 6 is being facilitated by an educator from the New York State Department of Environmental Conservation. By participating in this workshop, participants will experience the Project Learning Tree curriculum, Environmental Experiences for Early Childhood. Developed for children ages 3-6, the guide offers over 130 experiences that engage children in outdoor play and exploration. The eleven activities are focused on forest resources and integrate nature-based exploration, art, literature, math, music and movement into early childhood programs. Topics include exploring nature with five senses, meeting neighborhood trees and experiencing trees through the seasons. Participants will receive the curriculum guide and accompanying CD of feature songs by children's musician Billy B. Brennan. Activities are correlated to the National Association for the Education of Young Children Standards and the Head Start Domains. Environmental Experiences for Early Childhood was recognized as a winner of Learning Magazine's Teachers' Choice Award in 2011. Those interested in participating in "Project Learning Tree" should send a check for \$5 to CCE, 479 Rt. 66, Hudson, NY 12534 - along with their name, address, email address, phone number, and the 4-H club or organization they are representing. For more information please contact Linda Tripp at 828-3346 x203 or Lke2@cornell.edu. Cost: \$5.00 per person Registration Deadline: Monday, April 22 To register call: 518-828-3346	Extension Education Center 479 Route 66, Hudson, NY 12534
5/2/13	6-8 pm	Mediterranean Cooking - Learn some healthy cooking techniques using more olive oil, tasty vegetables and hearty whole grains for a heart-healthy diet. Includes food preparation and sampling. Sponsored by the International Center for the Capital Region. Pre-registration is required by calling 588-8947, and the fee is \$10.	Harmony House 188 Remson St. Cohoes, NY
5/02/2013	7:45 am Registration 8:00 am - 5:00 pm	EPA's Lead Renovation, Repair, and Painting (RRP) Initial Training - This federal Renovation Repair & Painting Rule (RRP) requires that anyone who is paid to perform work that disturbs paint in housing and child occupied facilities built before 1978 be trained and certified as a renovator. RRP Initial classes are 8 hours and include a light breakfast and lunch. There is no cost to attend but pre-registration is required. Registration forms can be found on Cornell Cooperative Extension Albany County's website at http://www.ccealbany.com/ and can be faxed or mailed. For more information, contact Nancy at NKL1@cornell.edu and 518-765-3521 or Lisa at LKC29@cornell.edu and 518-765-3512. Registration is also available online at http://pub.cce.cornell.edu/event_registration/main/events.cfm	Paul Smiths College Joan Weill Student Center Pine Room Route 86 & 30 Paul Smiths, NY 12970
5/4/2013	10:00am - 11:00am	Mother's Day Garden Gifts - Plant a gift that Mom will love! Children will create a special Mother's Day gift that grows and a card to take home. Cost \$5.00 per child	Sustainable Living Center 180 Ptl. Arthur Chaires Lane, Schenectady, NY 12309
5/4/2013	1:00pm - 3:00pm	Tulip Mania Ten Broeck Mansion - Join the CCE Albany County Master Gardeners for a tour of the gardens at the Ten Broeck Mansion that have been planted with over 7,000 tulips and other spring flowering bulbs. Optional high tea in the Mansion at 1PM with a talk by Master Gardener Judy Stacey on the topic of tulip mania. For reservations call the mansion at 518-436-9826, cost is \$20 for the tea/talk, gardens are open to the public 1-3PM with Master Gardeners available for tours and questions.	Ten Broeck Mansion Albany, NY 12110

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CAPITAL REGION CORNELL COOPERATIVE EXTENSION • CALENDAR OF EVENTS continued...

5/4/2013	10:00am - 2:00pm	4-H Regional Poultry School - Topics will include: Incubators & Chick Hatching, Housing for Poultry, Laws & Ordinances for Towns, Composting for the Garden, Tips for Fitting & Showmanship, Poultry Care & Feeding, Chicken Care in Community Settings and more! *A pizza lunch will be available for purchase* Door Prizes & Giveaways!!!! Please call the Albany County 4-H Office at 518-765-3500 to register.	CCE Albany County 24 Martin Road Voorheesville, NY 12186
5/5/2013	10:00am - 1pm	Mushroom Inoculation Class - Are you intrigued by the idea of growing your own mushrooms? Join Cornell Educator Steve Gabriel for a basic class in homegrown mushrooms. A technique for growing Shitake mushrooms will be the main focus of the class with hands on learning by preparing a log for inoculation. Participants will take home an inoculated log to grow and harvest mushrooms. Class fee is \$30 and it covers all materials. Contact Sue Coluccio at 518-765-3500 to register—class limited to 20 participants	CCE Albany County 24 Martin Road Voorheesville, NY 12186
5/7, 5/14, 5/21, 5/28, 6/4/2013	6:30pm - 8:30pm	Community Parenting Classes - This series of classes run for five consecutive weeks, meeting once a week for two hours. Our mission is to strengthen relationships between parents and children by enhancing communication skills, building assets & protecting self-esteem and practice effective non-violent discipline skills. Contact Cathy Sweet at 518-746-2560 or cjs58@cornell.edu	Fort Edward, NY
5/11/2013	10am - NOON	Invasive Species Primer - Invasive species can be plants, insects, animals and/or pathogens that are not native to the geographical region in which they are currently living. Due to extensive worldwide travel opportunities and global marketing, non-native species can be unintentionally transported from one geographical region to another. Since invasive species, generally, do not have natural enemies in their new habitat, they can cause extensive damage to the local environment. Some can also be a threat to human health. Come and learn the basics about invasive species, especially those in our region, as well as a focus on the recent expansion of Emerald ash borer and Hemlocks woolly adelgid. <i>Partners: Catskill Regional Invasive Species Partnership</i> Cost Free. Registration deadline: Thursday, May 9 To register call: 518-622-9820	Agroforestry Resource Center, 6055 Route 23, Acra, NY 12405
5/13/2013	6:30pm - 8:30pm	Vegetable Garden Success - What you should know! Presented by Susan Beebe, CCE of Saratoga County. Join us for a session on how best to plan your vegetable garden and what to look out for that may cause you troubles. For registration please contact CCE of Saratoga County at 885-8995 **Early-bird registration discount Pay only \$8.00 if registered by May 6th.** \$10.00 / person (Includes information packet, soil pH tests and refreshments.)	CCE Office 50 West High Street Ballston Spa, NY
5/15/2013	6:00pm - 8:00pm	Gourmet Gardening at Hudson-Chatham Winery - The Master Gardeners will be at the winery to explain how to grow and cook with some of the heirloom vegetables that can thrive in our area and are used by great chefs around the world. Fingerling Russian Banana Potatoes will be the stars at this session. You will go home with seeds and recipes. Light fare will be available. Registration deadline: Monday, May 13 To register call: 518-828-3346	Hudson-Chatham Winery 1900 State Route 99 Ghent, NY 12075
5/15 & 5/22 2013	6:00pm	Parenting Apart - A parent program designed specifically for parents who are separating, divorcing, or parenting apart from the other parent. The main focus is on helping parents understand what their children are experiencing and how they can help them transition through this time. Pre-registration required and can be done by calling Roxanne Westcott, Parent Educator, at 668-4881/623-3291.	Queensbury/Lake George location
Wednesdays May 15 through June 19	10:00am - 11:15 am	Little Diggers - Preschoolers (age 3-5) will discover the wonders of gardening and nature through a series of six hands-on educational programs. Each week we will participate in themed classes that introduce children to gardening and nature. Garden exploration, nature walks, crafts, and stories will enrich your child's understanding and appreciation for our natural world. Class size is limited. Please register with payment by May 1, 2013. Week One (7/8-7/12) Roots – Learn the basics of gardening: preparing the soil, using tools, planting seedlings and more. Week Two (7/15-7/19) Shoots – Discover how seeds grow, why worms are great for the garden, and how to make compost. Week Three (7/22-7/26) Flowers – Learn the different parts of a flower, which flowers are edible, how to tell a plant from a weed and how to share the garden with bugs. Week Four (7/29-8/2) Fruits – Harvest crops, make a bouquet to bring home, and eat fruit from the garden. This program is for children ages 6 -11. Cost is \$50 per week. Participants may sign up for all four weeks for a reduced cost of \$175. Class size is limited. Limited need-based scholarships are available. For more information, please contact Angie at amj22@cornell.edu or phone 372-1622 x259.	Sustainable Living Center 180 Ptl. Arthur Chaires Lane, Schenectady, NY 12309
5/16/2013	6:00pm - 8:00pm	Food Gardening 101 Series - Session #4 Post-Planting Care: How do you keep your beautifully planted garden growing big and strong and bountiful? Learn about full season care including watering, fertilizing and controlling common pests. Instructor Phyllis Minich Registration deadline May 11.	Shirley J. Luck Senior Citizen Center 109 East Main Street Johnstown, NY 12095
5/16/13	7:45 am Registration 8:00 am - 5:00 pm	EPA's Lead Renovation, Repair, and Painting (RRP) Initial Training —The federal Renovation Repair & Painting Rule (RRP) requires that anyone who is paid to perform work that disturbs paint in housing and child occupied facilities built before 1978 be trained and certified as a renovator. RRP Initial classes are 8 hours and include a light breakfast and lunch. There is no cost to attend but pre-registration is required. Registration forms can be found on Cornell Cooperative Extension Albany County's website at http://www.ccealbany.com/ and can be faxed or mailed. For more information, contact Nancy at NKL1@cornell.edu and 518-765-3521 or Lisa at LKC29@cornell.edu and 518-765-3512. Registration is also available online at http://pub.cce.cornell.edu/event_registration/main/events.cfm	Albany Community Development Agency 200 Henry Johnson Blvd. Albany, NY 12210
5/18/2013	10:00am - 3:00pm	CCE Open House - Save the date for our Open House! CCE staff will have a variety of activities and exhibits to share with you at both office locations. Cost: Free for more information contact 518-622-9820	Agroforestry Resource Center, 6055 Route 23, Acra, NY 12405
5/18/2013	9:00am - 1pm	Garden Education Day - Join the Master Gardeners for a plant sale to kick off spring! Annuals, perennials, trees, shrubs as well as vegetable transplants and herbs will be offered along with planting advice and cultural directions. Vegetables suitable for container growing along with heritage varieties of tomatoes will be for sale at reasonable prices. Bring along soil samples for pH testing at \$1 for the first sample and \$3 for additional samples. Get the latest gardening information and be up to speed on the new pests arriving in the Capital Region. Check out the garage sale area for hidden treasures for your home and garden. Shop smart for your garden!	CCE Albany 24 Martin Road Voorheesville, NY 12186
5/18/2013	1:00pm - 3:00pm	Restore New York's Woodland Woods Walk - New York has a long history with and dependence on its diverse and productive forests. The conditions that allowed our current forests to develop are no longer present. The health, vigor, and utility of the next generation of New York's forests, depends on the willingness and ability of owners and managers to restore adequate conditions that allow for the regeneration of private woodlands. The challenges and the consequences are significant. Come for a woods walk in the Siuslaw Model Forest to learn more about this important issue. This event, which is also part of Cornell Cooperative Extension of Columbia and Greene Counties' Open House, will include the dedication of a bench, donated by the New York Forest Owners Association, in memory of Mike Greason, former CCE Board Member, who was dedicated to the future of forests in New York State and the Agroforestry Resource Center. Registration deadline: Thursday, May 16 To register call: 518-622-9820	Agroforestry Resource Center, 6055 Route 23, Acra, NY 12405
5/20/2013	6:30pm - 8:00pm	Private Wells and On-site Wastewater Treatment Systems – What You Need to Know - Rural homeowners need to be knowledgeable about drinking and wastewater (septic) systems, especially when it comes to protecting one's property and health. On-site wastewater management systems can contaminate ground & surface water resources, including drinking water supplies, with nitrates, chemicals, pathogens and pharmaceuticals. When they are properly located, designed, constructed, landscaped and maintained, septic systems can be an effective and efficient means of treating domestic sewage and protecting water quality. The same is true of wells. Water treatment should not be a substitute for a properly designed, constructed and maintained water supply. Attendees will receive a packet of resource materials, including a septic system maintenance folder, while supplies last. Presenters: Theresa Mayhew, Extension Educator and Ed Van Nosttrand, Columbia County Health Dept. Registration deadline: Thursday, May 16 To register call: 518-828-3346 Fee: \$10.00 per household.	Extension Education Center 479 Route 66, Hudson, NY 12534
5/21/13	7:45 am Registration 8:00 am - 5:00 pm	EPA's Lead Renovation, Repair, and Painting (RRP) Initial Training —The federal Renovation Repair & Painting Rule (RRP) requires that anyone who is paid to perform work that disturbs paint in housing and child occupied facilities built before 1978 be trained and certified as a renovator. RRP Initial classes are 8 hours and include a light breakfast and lunch. There is no cost to attend but pre-registration is required. Registration forms can be found on Cornell Cooperative Extension Albany County's website at http://www.ccealbany.com/ and can be faxed or mailed. For more information, contact Nancy at NKL1@cornell.edu and 518-765-3521 or Lisa at LKC29@cornell.edu and 518-765-3512. Registration is also available online at http://pub.cce.cornell.edu/event_registration/main/events.cfm	Center Brunswick Fire Dept. 1045 Hoosick Road Troy, NY 12180
5/23/2013	6:30pm - 8:00pm	Organic Gardening - Have you always wanted to grow your own organic vegetables and herbs but just aren't sure where to begin? Well, come join us for a hands-on workshop that is guaranteed to get you excited about gardening and eating healthier! You will learn how to design, plant, maintain and harvest your own gardening space. Weather permitting, this workshop will be held in a casual outdoor setting. Class held at the Fehr Ave. Roots & Wisdom garden. Cost \$5.00	Sustainable Living Center 180 Ptl. Arthur Chaires Lane, Schenectady, NY 12309
5/28/2013	5:30pm - 7:30pm	Fabulous Tuesday Chefs – Youth Grades 5 & Up - Youth will have fun learning about different food ingredients and food characteristics in creating fabulous foods. They experiment to create flavorful foods and learn about the science behind every recipe. Each chef will make their own "Chief's Apron" and will take at least one field trip during the year. Participants will be able to participate in a "Cook-off" Contest at the Columbia County Fair. Tonight's featured experiment will be the great "Fruit Surprise." Registration Deadline: Friday, May 24 To register call: 518-828-3346 Cost: \$10.00 per person/\$16.00 per family	Extension Education Center 479 Route 66, Hudson, NY 12534
5/30/13	6—8 pm	Savor the Season! — Cook and sample healthy and delicious recipes made from local and seasonal foods. Learn how to use the fruits and vegetables in season now, and where to find them. Sponsored by the International Center for the Capital Region. Pre-registration is required by calling 588-8947, and the fee is \$10.	Harmony House 188 Remson St. Cohoes, NY